Str. VALEA RASNOAVEI, NR. 8, PREDEAL
Telefon: 0368883708 Fax: 0268456091, 0268456181
E-mail: sanatoriul_nevroze@yahoo.com
Site web: www.nevroze-predeal.ro
Operator de date cu caracter personal: 16935

CarpatCert ISO 22000 CarpatCert ISO 9001

MENIU SAPTAMANA 09-15.02.2026

ZILELE SĂPT.	REGIM	MIC DEJUN	ORA 10:00	PRÂNZ	ORA 16:00	CINĂ
LUNI 09.02.2026	COMUN	PAINE(120GR)SANA(1BUC)UNT(1BUC)CASCAVAL(60GR) SALAM VICTORIA(60GR)HUMUS (60GR)		PAINE(100GR)SUPA DE PUI CU FIDEA(250GR)OSTROPEL DE PORC CU CARTOFI NATUR(250GR)		PAINE(80GR)SPANAC CU OCHI ROMANESC(200GR)PLACINTA CU BRANZA(80GR)
	DIABET	PAINE(120GR)SANA(1BUC)UNT(1BUC)CASCAVAL(60GR) SALAM VICTORIA(60GR)HUMUS (60GR)	BELVITA (40GR)	PAINE(100GR)SUPA DE PUI CU FIDEA(250GR)PIEP DE PUI CU CARTOFI NATUR(250GR)	BISCUITI (1BUC)	PAINE(80GR)SPANAC CU OCHI ROMANESC(200GR)PLACINTA CU BRANZA FARA ZAHAR(80GR)
	CRUTARE	PAINE(120GR)SANA(1BUC)UNT(1BUC)CASCAVAL(60GR) SALAM VICTORIA(60GR)HUMUS (60GR)		PAINE(100GR)SUPA DE PUI CU FIDEA(250GR)PIEP DE PUI CU CARTOFI NATUR(250GR)		PAINE(80GR)SPANAC CU OCHI ROMANESC(200GR)PLACINTA CU BRANZA(80GR)
	INTOLERANTA GLUTEN	CEAI CU LAMAIE(200GR)OU FIERT(1BUC)UNT(1BUC)MAGIUN(10GR)BRANZA TELEMEA(60GR)MAR(1BUC)		SUPA DE PUI CU FIDEA(250GR)PIEP DE PUI CU CARTOFI NATUR(250GR)		PAINE(80GR)SPANAC CU OCHI ROMANESC(200GR)PLACINTA CU BRANZA(80GR)
MARTI 10.02.2026	COMUN	PAINE(120GR)CEAI CU LAMAIE(200GR)UNT(1BUC)CASTRAVETI(1/2)MUSCHI FILE(60GR)OU FIERT(1BUC)		PAINE(100GR)CIORBA DE PUI CU OREZ(250GR)CIULAMA DE PUI CU MAMALIGUTA(250GR)		PAINE(80GR)FICATEI DE PASARE CU LEGUME MEXICANE(200GR)BUDINCA DE GRIS CU MAGIUN FARA ZAHAR(80GR)
	DIABET	PAINE(120GR)CEAI CU LAMAIE(200GR)UNT(1BUC)CASTRAVETI(1/2)MUSCHI FILE(60GR)OU FIERT(1BUC)	BELVITA (40GR)	PAINE(100GR)CIORBA DE PUI CU OREZ(250GR)CIULAMA DE PUI CU MAMALIGUTA(250GR)	PORTOCALA(1BUC)	PAINE(80GR)FICATEI DE PASARE CU LEGUME MEXICANE(200GR)BUDINCA DE GRIS CU MAGIUN FARA ZAHAR(80GR)
	CRUTARE	PAINE(120GR)CEAI CU LAMAIE(200GR)UNT(1BUC)CASTRAVETI(1/2)MUSCHI FILE(60GR)OU FIERT(1BUC)		PAINE(100GR)CIORBA DE PUI CU OREZ(250GR)CIULAMA DE PUI CU MAMALIGUTA(250GR)		PAINE(80GR)FICATEI DE PASARE CU LEGUME MEXICANE(200GR)BUDINCA DE GRIS CU MAGIUN FARA ZAHAR(80GR)
	INTOLERANTA GLUTEN	CEAI CU LAMAIE(200GR)OU FIERT(1BUC)UNT(1BUC)CASTRAVETE(1/2)BRANZA VACI(60GR)PORTOCALA(1BUC)		CIORBA DE PUI CU OREZ(250GR)CIULAMA DE PUI CU MAMALIGUTA(250GR)		FICATEI DE PASARE CU LEGUME MEXICANE(200GR)BUDINCA DE GRIS CU MAGIUN FARA ZAHAR(80GR)

MIERCURI 11.02.2026	COMUN	PAINE(120GR)CE CU LAMAIE(200GR)UNT(1BUC) MIERE(1BUC)BRANZA TELEMEA(60GR)SALAM BANATEAN(60GR)		PAINE(100GR)CIORBA DE PORC A LA GREC(250GR)CEAFA DE PORC LA CUPTOR CU SOTE DE FASOLE VERDE(250GR)		PAINE(80GR)SALATA ORIENTALA(200GR)MAR(1BUC)
	DIABET	PAINE(120GR)CE CU LAMAIE(200GR)UNT(1BUC) MAGIUN (10GR)BRANZA TELEMEA(60GR)SALAM BANATEAN(60GR)	BELVITA (40GR)	PAINE(100GR)CIORBA DE PORC A LA GREC(250GR)PIEP DE PUI LA CUPTOR CU SOTE DE FASOLE VERDE(250GR)	SANA(1BUC)	PAINE(80GR)SALATA ORIENTALA(200GR)MAR(1BUC)
	CRUTARE	PAINE(120GR)CE CU LAMAIE(200GR)UNT(1BUC) MIERE(1BUC)BRANZA TELEMEA(60GR)MUSCHI FILE(60GR)		PAINE(100GR)CIORBA DE PORC A LA GREC(250GR)PIEP DE PUI LA CUPTOR CU SOTE DE FASOLE VERDE(250GR)		PAINE(80GR)SALATA ORIENTALA(200GR)MAR(1BUC)
	INTOLERANTA GLUTEN	CEAI CU LAMAIE(200GR)OU FIERT(1BUC)UNT(1BUC)MIE RE(1BUC)BRANZA DE VACI(60GR)PORTOCALA(1B UC)		CIORBA DE PORC A LA GREC(250GR)PIEP DE PUI LA CUPTOR CU SOTE DE FASOLE VERDE(250GR)		PAINE(80GR)CARTOFI NATUR CU BRANZA (200GR)MAR(1BUC)
JOI 12.02.2026	COMUN	PAINE(120GR)SANA(1BUC)U NT(1BUC)MAGIUN(10GR)CA SCAVAL(60GR)SALAM VICTORIA(60GR)		PAINE(100GR)CIORBA DE FASOLE BOABE CU OS AFUMAT(250GR)ESCA LOP DE PORC CU PILAF DE OREZ(250GR)		PAINE(80GR)GHIVECI DE LEGUME CU CARNE PASARE(200GR)BISCUITI(1BUC)
	DIABET	PAINE(120GR)SANA(1BUC)U NT(1BUC)MAGIUN(10GR)CA SCAVAL(60GR)SALAM VICTORIA(60GR)	BELVITA (40GR)	PAINE(100GR)CIORBA DE FASOLE VERDE(250GR)PULPE DE PUI CU PILAF DE OREZ(250GR)	PORTOCALA(1BUC)	PAINE(80GR)GHIVECI DE LEGUME CU CARNE PASARE(200GR)BISCUITI(1BUC)
	CRUTARE	PAINE(120GR)SANA(1BUC)U NT(1BUC)MAGIUN(10GR)CA SCAVAL(60GR)SALAM VICTORIA(60GR)		PAINE(100GR)CIORBA DE FASOLE VERDE(250GR)PULPE DE PUI CU PILAF DE OREZ(250GR)		PAINE(80GR)GHIVECI DE LEGUME CU CARNE PASARE(200GR)BISCUITI(1BUC)
	INTOLERANTA GLUTEN	CEAI CU LAMAIE(200GR)OU FIERT(1BUC)UNT(1BUC)MA GIUN(10GR)BRANZA TELEMEA(60GR)MAR(1BUC)		CIORBA DE FASOLE VERDE(250GR)PULPE DE PUI CU PILAF DE OREZ(250GR)		GHIVECI DE LEGUME CU CARNE PASER(200GR)BISCUITI(1BUC)
VINERI 13.02.2026	COMUN	PAINE(120GR)CEAI CU LAMAINE(200GR)HUMUS(60 GR)CREMA BRANZA(60gR)MUSCHI FILE(60GR)OU FIERT(1BUC)		PAINE(100GR)CIORBA DE LEGUME(250GR)MUSA CA DE CARTOFI CI SOS TOMATE(250GR)		PAINE(80GR)MAMALIGUTA CU BRANZA DE BURDUF SI KAIZER(200GR) IAURT(1 BUC)
	DIABET	PAINE(120GR)CEAI CU LAMAINE(200GR)HUMUS(60 GR)CREMA BRANZA(60gR)MUSCHI FILE(60GR)OU FIERT(1BUC)	BELVITA (40GR)	PAINE(100GR)CIORBA DE LEGUME(250GR)CART OFI GRATINATI CU PIEP DE PUI(250GR)	MAR(1BUC)	PAINE(80GR)MAMALIGUTA CU BRANZA DE BURDUF SI KAIZER(200GR) IAURT(1 BUC)
	CRUTARE	PAINE(120GR)CEAI CU LAMAINE(200GR)HUMUS(60 GR)CREMA BRANZA(60gR)MUSCHI FILE(60GR)OU FIERT(1BUC)		PAINE(100GR)CIORBA DE LEGUME(250GR)CART OFI GRATINATI CU PIEP DE PUI(250GR)		PAINE(80GR)MAMALIGUTA CU BRANZA DE VACI SI SMANTANA(200GR) IAURT(1 BUC)
	INTOLERANTA GLUTEN	CEAI CU LAMAIE(200GR)OU FIERT(BUC)UNT(1BUC)HUM US(60GR)BRANZA VACI(60GR)PORTOCALA(1B UC)		CIORBA DE LEGUME(250GR)CART OFI GRATINATI CU PIEP DE PUI(250GR)		MAMALIGUTA CU BRANZA DE BURDUF SI KAIZER(200GR) IAURT(1 BUC)

SAMBATA 14.02.2026	COMUN	PAINE(120GR)CEAI CU LAMAIE(200GR)UNT(1BUC)CASCAVAL(60GR)SALAM BANATEAN(60GR) MIERE(1/2)		PAINE(100GR)SUPA CU GALUSTE(250GR)MANCARE DE MAZARE CU CARNE DE PASARE(250GR)		PAINE(80GR)CARTOFI AURII CU MICI SI MUSTAR(200GR)MAR(1BUC)
	DIABET	PAINE(120GR)CEAI CU LAMAIE(200GR)UNT(1BUC)CASCAVAL(60GR)SALAM BANATEAN(60GR) MIERE(1/2)	BELVITA (40GR)	PAINE(100GR)SUPA CU GALUSTE(250GR)MANCARE DE FASOLE VERDE CU CARNE DE PASARE(250GR)		PAINE(80GR)CARTOFI AURII CU MICI SI MUSTAR(200GR)MAR(1BUC)
	CRUTARE	PAINE(120GR)CEAI CU LAMAIE(200GR)UNT(1BUC)CASCAVAL(60GR)MUSCHI FILE(60GR) MIERE(1/2)		PAINE(100GR)SUPA CU GALUSTE(250GR)MANCARE DE FASOLE VERDE CU CARNE DE PASARE(250GR)		PAINE(80GR)CARTOFI AURII CU MICI SI MUSTAR(200GR)MAR(1BUC)
	INTOLERANTA GLUTEN	CEAI CU LAMAIE(200GR)OU FIERT(1BUC)UNT(1BUC) MIERE(1BUC)BRANZA TELEMEA(60GR)MAR(1BUC)		PAINE(100GR)SUPA CU GALUSTE(250GR)MANCARE DE FASOLE VERDE CU CARNE DE PASARE(250GR)		CARTOFI CU PIEP DE PUI LA GRATAR(200GR)MAR(1 BUC)
DUMINICA 15.02.2026	COMUN	PAINE(120GR)CEAU CU LAMAIE(200GR)UNT(1BUC)CASTRAVETE(1/2)BRANZA TELEMA(60GR)SALAM VICTORIA(60GR)		PAINE(100GR)SUPA DE ROSII CU FIDEA(250GR)COTLET DE PORC LA CUPTOR CU PIURE DE CARTOFI(250GR)		PAINE(80GR)MAMALIGA CU BRANZA SI SMANTANA(200GR)SANA(1BUC)
	DIABET	PAINE(120GR)CEAU CU LAMAIE(200GR)UNT(1BUC)CASTRAVETE(1/2)BRANZA TELEMA(60GR)SALAM VICTORIA(60GR)	BELVITA (40GR)	PAINE(100GR)SUPA DE ROSII CU FIDEA(250GR)PULPE DE PUI LA CUPTOR CU PIURE DE CARTOFI(250GR)	MAR(1BUC)	PAINE(80GR)MAMALIGA CU BRANZA SI SMANTANA(200GR)SANA(1BUC)
	CRUTARE	PAINE(120GR)CEAU CU LAMAIE(200GR)UNT(1BUC)CASTRAVETE(1/2)BRANZA TELEMA(60GR)SALAM VICTORIA(60GR)		PAINE(100GR)SUPA DE ROSII CU FIDEA(250GR)PULPE DE PUI LA CUPTOR CU PIURE DE CARTOFI(250GR)		PAINE(80GR)MAMALIGA CU BRANZA SI SMANTANA(200GR)SANA(1BUC)
	INTOLERANTA GLUTEN	CEAI CU LAMAIE(200GR)OU FIERT(1BUC)UNT(1BUC)CASTRAVETE(1/2)BRANZA VACI(60GR)PORTOCALA(1BUC)		SUPA DE ROSII CU FIDEA(250GR)PULPE DE PUI LA CUPTOR CU PIURE DE CARTOFI(250GR)		MAMALIGA CU BRANZA SI SMANTANA(200GR)SANA(1BUC)

NOTA: **ACEST MENIU POATE SUFERI MODIFICARI. ALERGENI: GLUTEN, LACTOZA,OU,POATE CONTINE MUSTAR,TELINA,SOIA,FRUCTE CU COAJA LEMNOASA**

AVIZAT

MEDIC SEF SECTIE

DIRECTOR MEDICAL

AS.MED.SEF

MANAGER

INTOCMIT STAT.MED. MOSOR